



NEWSLETTER

DISTRICT 14-E LIONS

WESTMORELAND COUNTY, PA

Monthly Newsletter Edition
SEPTEMBER | 2019

District Governor's Message

It's September. The kids have returned to school and a new Lions year is now well underway. As we near the end of the first quarter of a new Lions year, it's good to review our goals and progress.

Does your club have goals for this year? If not, discuss them as a club and get them on paper in September. One of my favorite sayings is "a good goal should scare you a little and excite you a lot!" As individual Lions and clubs, we can all benefit from some challenges and some goals to excite our members.

This year, I am challenging all our clubs with some goals to add to your own.

1. Train Your Club Officers. Whether you were trained in your officer role before or not, all club officers are encouraged to attend our Club Leadership Day (officer training), this Sunday, September 8th at Westmoreland County Community College. The goal is SHARING between leaders of our clubs around the county. So even if you are not new to your role, come learn what's changed and share your experience with officers from other clubs so we can all learn from each other. The townhall/discussion format is a change that will benefit everyone and help us to learn from each other.
2. Host 2 Membership Events This Year. Every club is being challenged to host 2 membership events this year. Please do not make these regular club meetings. Schedule either a regular meeting night as a social event instead or do a service project in place of a meeting. Or, use an existing service project or fundraiser as a membership event. The key is to invite potential members to join you for a day/afternoon/evening and have some fun being a part of what we do --- service and fellowship. Challenge your members for fun and engaging ideas – something that they will invite friends or others to come to and meet your members and see the fun you all have.

3. Get at Least 2 Members from Your Club Trained to Use the SPOT Vision Screeners. The youth of Westmoreland County stand to benefit from your club scheduling vision screenings using our newest SPOT Vision Screeners. They are so easy to use and so effective. They literally take seconds to screen someone and from a distance of about 3 feet away. It's like taking a picture of someone's eyes and getting the results. We can only screen more children in our county and make a difference in their young lives if we have members trained on how to use the equipment and we get screenings scheduled. Help us to help the youth of our county and get your members trained and screenings booked at preschools, daycares, schools, churches, youth organizations, libraries, community events, etc. Training is planned for Saturday, September 21st at 9:30am at the Blind Association in Greensburg and will take about 90 minutes. Or, contact PDG Sam Snively and schedule training at your club during a club meeting or other date.
4. Monthly Service Reporting. Every club should have a goal to report service activity each month, and yes, a monthly meeting should be reported. There have been a lot of changes to service reporting in the past 6 months. Clubs now report their service activities to our district on our new website (lions14e.org) and on the new MyLion website or mobile app. We have a Club Support Session this month on September 11th at the Westmoreland County Blind Association to train us all on using MyLion. Please plan to have someone from you club responsible for reporting attend to learn how to use the new reporting system. If you need assistance with reporting, please contact Denise Poole, our District Administrator, for assistance at dypoole@comcast.net .

Whatever your club goals are this year, they should include member engagement. Several clubs I've visited ask regularly at their meetings for new ideas for projects and fundraisers, or to identify needs in the community. What a great way to start discussion among your members and find out what interests everyone. But the challenge is on for us to find ways to serve more people in our community. Part of the answer is for us to find more people like ourselves to help us do more, another part is to engage our members in new ways and bring a new energy to what we are doing.

Set your goals for the year and encourage new ideas and discussion at your club meetings. Let's find new and exciting ways to serve our communities this year and make them happen! As I mentioned earlier, a good goal should scare you a little, and excite you a lot!

David DeFazio

ddefazio47@comcast.net

(724) 454-0912 cell/text



1st Vice District Governor Message:

Dear Fellow Lions,

Where did the summer go? I had a great time at Leader Dog when I visited there in early August. It was truly an eye opening experience (no pun intended). The dedication and devotion of all who organize and run the operation is astounding. I especially liked listening to those that have received a dog tell their stories...it brought tears to my eyes knowing that Lions are responsible for providing them an opportunity to regain their independence in the world. They all deserve a huge pat on the back for a job well done! If you have not visited Leader Dog, this is something you will definitely want to add to your bucket list. Perhaps if there is enough interest, Lion Amanda Remic could put together another trip to visit the facility.

In celebrating the past year as well as the upcoming year, the Passing of the Banner took place last month as well. It was very nice to see and mingle with friends and to meet and make some new friends as well. I hope you are all ready for a new and exciting year as I am!

DG Dave held a Zone Chair Training on Aug 24th so the Zone Chairs know what is expected of them in order to continue to build up and expand their current clubs. All went well, and a special thanks to all who attended. Following the Zone Chair training, DG Dave held a Team Building Activity following lunch. I will give you a hint...pay attention and keep your eyes open for some interesting, colorful, unique rocks. If you find them please turn them over and read the message for instructions!!

Lions, remember in the upcoming months to "Be a Little Bolder". Let's all get out there and Serve! Show your communities that Lions are alive and well and willing to help out where needed. Remember...."Where there is a need, there is a Lion"!

Yours in Lionism,
1VDG Chuck

2nd Vice District Governor Message:

Dear Fellow Lions;

Fall is fast approaching. It is getting dark earlier and earlier, kids are back in school, Labor Day is over, District 14-E has had its first Cabinet meeting with its new District Governor, David DeFazio, we have had some officer training, and Zone meetings have started to introduce the new DG. As a zone chair, I always enjoy visiting clubs and meeting everyone and renewing friendships. Please remember that I am here to help your club with fundraisers or in any way I can. You can contact me by phone or email.

One of the Lions' main concerns is membership. It is not that we aren't getting new members but that we are losing members faster for one reason or another. In today's society, we are not well known. I have had people ask me "What are the Lions?" or "What do Lions do?", or "What is a white cane"? We are victims of our own success.

Because of our past efforts, we have made many strides in helping to prevent blindness and in providing treatment for vision problems before they lead to vision loss, such as, preschool vision screening and educating the public about diabetes which can lead to vision problems. Also, now we have expanded our outreach to other areas at the direction of our International Presidents. In addition to vision and diabetes, hunger, environment, and childhood cancer have been added. Because, of these goals, we need more members to provide all of these services.

In this Newsletter there is a Flyer for District 14-E's annual "Mass Induction" meeting. This is a meaningful experience, everyone is welcome. However, please encourage your new members and their sponsors to attend.

An additional note; you may be involved with your own club and that is good, but think about getting to know more about your District. You will be surprised at the bigger picture. Please attend Support and Training Sessions. You will learn more about Lions and make new acquaintances.

Yours in Lionism,
2VDG Margie Wolff
(724) 325-4133 H
(412) 522-9985 C
mgwolff@windstream.net



NEWSLETTER SUBMISSIONS INFO

PLEASE FORWARD ALL NEWSLETTER ITEMS NO LATER
THAN the 27th OF EACH MONTH!!!!

Forward them to: Lisa Gismondi

Email: lisgis67@msn.com

WOMEN AND FAMILIES IN LIONS

We welcome the month of September and the cooler temps that come along with it. The leaves are already starting to change and football season is in full swing. Let us join in the fall festivities or organize a new fall fest in your area. This doesn't have to be something big or extravagant. Maybe your club could just join in on the fun that is already going on in your community. See if someone in your club is good at face painting, painting canvas, or making cotton candy. Set up a booth or two at a local church fall festival, or community day event. Have a pumpkin painting contest for kids under 10. Bring in younger families and show them that your Lions Club welcomes families, young kids and enjoys doing fun things in the community as well.

This idea may take a while to plan and that is why I am giving it to you now. This could apply to any month this fall. I would be glad to hear from fellow Lions and welcome your ideas.

As always, I am available to help with your club's ideas or can help you execute one of mine.

In Lionism,

Amy Yaszak
President, Vandergrift Lions

DON'T FORGET TO TAG YOUR POSTS ON SOCIAL MEDIA!!!!!!

Use the following tags on Twitter, Instagram (IG), Facebook (FB) or whatever other social media outlet that uses "hashtags". Hashtags are a way of grouping like posts together making it easier to find and interact!

#district14eweserve

#district14elions

#14EDGDave

SOME PEOPLE
LIVE AN ENTIRE
LIFETIME
WONDERING IF
THEY'VE MADE A
DIFFERENCE
IN THE WORLD-
LIONS DON'T
HAVE THAT
PROBLEM.



WELCOME NEW MEMBERS!

Allegheny Twp Lions Club welcomes

Marie Sosvicka

Delmont Lions Club welcomes

Camille Jendrey-Donahue

Glenn Hawkey

Mary Ann Fabian

Rev. Caroline Vickery

In Memory....

Bob Ketenheim
Level Green Lions

PDG William H. Luse
District 14-G, 1991-1992

*We thank you for your
service*



Empowering Clubs through the Power of Action



Global Action Team

Dear Fellow Lions,

It's hard to believe that we are nearing the completion of the first quarter of this Lions' year. Consequently, the Global Action Team is being asked to assess the progress that clubs have made toward the club and district goals.

- Has your club made goals?
- Have you developed action plans to add and retain members?
- Have you considered taking a course in the Lions Learning Center, or planned to attend a district or multiple district workshop?
- Has your club done a service project, perhaps helping to screen eyes at the local pre-school or nursery?

Our great organization began because Melvin Jones challenged us to make a difference in the lives of those who need help. In fact, he said, "You can't get very far until you start doing something for someone else." Furthermore, that First Lady of Lionism, Helen Keller, encouraged us to become "Knights of the Blind in the crusade against darkness," and I believe that she would be amazed at the strides that have been made in recent years: electronic glasses, the implantable miniature telescope, bionic eye, stem cell regeneration, and the cochlear implant, to name a few. These outstanding accomplishments occurred because of goals and plans of action. We, too, can accomplish great things, if we try. After all, four-year old Alexandra Scott, from Connecticut, raised in excess of \$1 million dollars from her Lemonade Stand to help other kids suffering from cancer. Imagine what each of our members can achieve!

Likewise, President Jung Yul Choi wants us to work hard to advance Lionism in our clubs and district by reaching out to men, women, and families who not only want to serve, but who will also be responsible for furthering the ideals of our great organization. He asks us to attract more women to increase our district's female membership to 32%. He also encourages us to be more diverse by attracting members of all ages, gender, ethnicity, religion, professions, and interests. To accomplish this, we must be creative in planning interesting meetings and by providing relevant service. We must also respect each other and their ideas. Overcome pettiness and cliques, while seeking ways to make our clubs more welcoming. Furthermore, we must inspire senior Leo club members to become Lions upon graduation. These young people are accustomed to doing community service, and their enthusiasm is contagious, if we allow them to join us and offer suggestions.

Of course, it is essential to thank our dedicated club members for their efforts. Appreciate those who attend meetings, service projects, and fund raisers. Without their support and involvement, we cannot exist. Honor them with a certificate, a special pin, a word of thanks, or some small token to let them know that they are valued.

As always, thank you for your efforts. Best wishes as you work to "Serve through Diversity" to help those in need.

Yours in Service and Friendship,
Cindy Gregg, 1-D Global Action Team Area Leader (MDs 14, 24, 29)

Leadership

Hello fellow members,

When it comes to leadership roles within our clubs, it comes in many forms. Every member has a voice, but not every member has the interest in a specific role. Maybe we need to look at those roles? Have you looked over the Standard Club Structure recently? We can't continue forward if our clubs stay in the "past".

Take a few moments and look over the diagram provided here in the newsletter showing how we must evolve to keep up with the world today. Why are we struggling? Is your club "falling" behind on keeping up? Lions Club International provides clubs with a wealth of information at our fingertips. Looking over the Club Structure, they are taking us into the future with roles that offer every member the opportunity to lead. Whether it be the chairperson, or a member of the committee, every member should have a "role" for the betterment of your club.

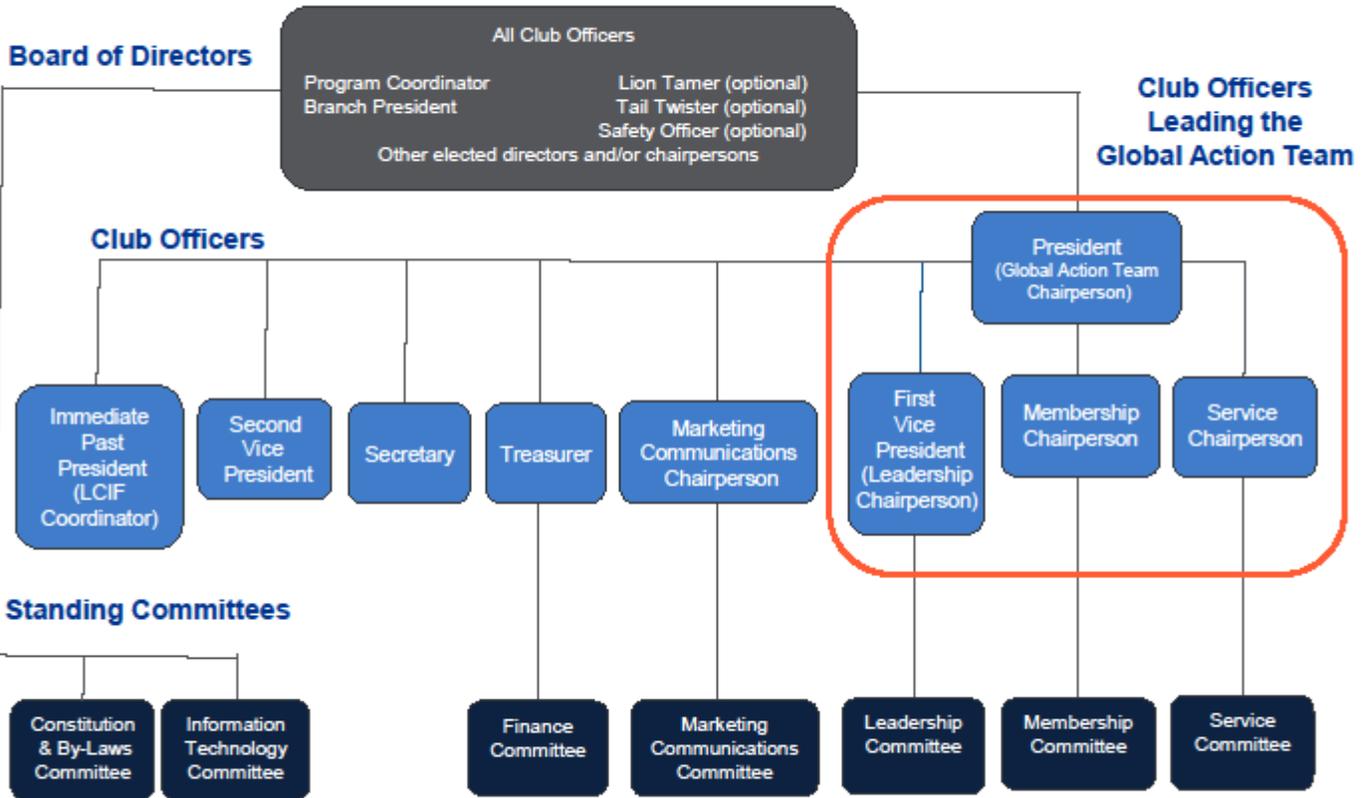
Honestly, how many clubs have leadership positions that have no specific duty tied to it? We can't have members in a position just so they can vote. That not only takes away from the position but doesn't have any appeal for anyone new to want to consider taking on a leadership position. Maybe it is time to redefine an old position to bring about the change that is necessary to survive. Maybe it's time to look at your club from the directors, to the officers, and define those roles to get them active. In order to appeal to new members, and especially this generation, we must incorporate the future into these roles. By stepping into the future, we are honoring our past by making the commitment to bring about the changes we need to continue to serve our communities.

Don't be afraid to let old titles go but do incorporate a new title to help bring about the change that is needed to develop the future leaders within your club. So, First Vice Presidents, keep in mind that your role is to focus on leadership within your club. Along with your committee members, your role is much more important than just waiting to fill in for the President when needed. Your role is defined, but your role is only what you and your club make of it.

Yours in Service,

PDG Aaron Slezak

Standard Club Structure





Membership

As we begin the third month of the 2019-2020 Lions Year, the Global Membership Team would like to remind you that we need to take a proactive approach and plan our strategies for increasing our Club's membership. As we think about prospective members, I'm sure at some point you have been asked one or more of these questions: *"Why should I join the Lions? Who are the Lions? What do the Lions do?"*

I suggest incorporating this short "Elevator Speech" to initiate the conversation:

1. Lions International is the world's largest service organization with over 1.4 million men and women in 210 countries and geographic regions.
2. We are dedicated to serving those in need in our communities or around the world. We have a global mission of assisting those with visual difficulties.
3. We offer leadership opportunities and training.

In addition, here are some other key points which you can include that reinforce the reasons why someone should join the Lions:

- Friendship – In our complex world, Lions provides this basic need.
- The opportunity to make a difference – As an individual, you have limited impact, but as part of a group, you can achieve so much more.
- Personal growth and development – Lions membership aids your growth and education in human relations and personal development.
- Citizenship in the community – Becoming a Lion increases your awareness of the needs in your community and affords you the ability to be a part of initiating programs to address those needs.
- Lions are Fun – Meetings, Club projects, social activities, and most importantly, Service are all fun!! • Lions "Make Things Happen" – Wherever there is a need, you'll find the Lions, involved in getting the job done and making things happen. We are always ready to roll up our sleeves and find a solution; no job is too big or too small.
- Family Programs – We offer the Cub Program, Leo Clubs, Family Unit Memberships, and other programs tailored towards families.
- Cultural Awareness – Around the world, practically every religion, country, culture, race, creed, political persuasion, language, color, and ethnic identity is found in Lionism.

We are truly an International Organization. Offering a range of programs providing help for the disadvantaged, both locally and internationally, Lions provide a multitude of aid to address both the medical and social needs of those less fortunate than ourselves. And most importantly, the opportunities "To Serve" - Lions are a service club. This is the best reason for becoming a Lion; the chance to do as a group what we cannot achieve on our own, to serve our fellow man, and to do our part to make the world a better place. Our motto is simple, but says it all "We Serve." What we do and who we are as Lions is our best advertisement. Please take advantage of these attributes to grow your Club and strengthen our membership. Our GMT and GLT Teams are ready and willing to help you achieve these goals and look forward to hearing from you.

PDG Dave Stitely
District 14-E Global Membership Coordinator

Service

WANTED

Global Service Team Club Service Chairpersons

As the GST Club Service Chairperson, you will be responsible for implanting impactful service and fundraising projects, increasing engagement of members in service, and elevating the awareness of Lions' collective impact in fulfilling global humanitarian needs.

Responsibilities of the Club level GST:

- Collaborate with the District GST Coordinator, Club LCIF Coordinator, and members of the Club's service committee to develop and communicate service goals and actions plans. These goals and plans should address current community needs and the LCI global causes.
- Develop and lead a service committee to create and implement service project ideas and plans.
- Look for opportunities to include local youth and Leos in all aspects of service.
- Report service activities to Lions Clubs International.
- Encourage participation and engagement in service projects.
- Collaborate with the Club GMT and GLT to promote membership and leadership.

Recommended Qualifications:

- Passionate about Lions and the Club and the association's future.
- Strong project or event management.
- Some familiarity with the Lions Clubs International Foundation (LCIF).
- Ability to use technology.

If your Club does not already have a GST and you feel you are interested in this role, please let your Club President or Secretary know so that they can add you to the official office records at LCI.

Every Club in District 14-E should have a GST if they do not already.

If you have any questions on this or any matter of Club Service I can be reached by phone or text at 724-309-6750 or by email at lremic@hotmail.com

Yours in Service,

PDG Lance H. Remic

Global Service Team Chairperson, District 14-E

CLUB SPOTLIGHTS

Monessen Lions:

Monessen Lions teamed up with the Monessen Police Department to provide school supplies for the Monessen Family Center. Shown loading a police SUV are Officer Aaron Thompson, Monessen Lions President, and Chief of Police Jim Smith.



The Monessen Lions recently held their annual Steak Fry meeting at the Herman Mihalich Boat Launch. Pictured below are various members and guests enjoying an evening of good food and fellowship.



Delmont Lions:

Summer Happenings.....



From the Apple Hill Playhouse Performance on Aug 18th



Members and guests at the picnic.





Miscellaneous pictures taken from the 5th Annual Delmont Lions Car Show on Aug 11th.

IF YOU ARE NOT HAVING FUN, YOU ARE DOING IT WRONG

By Daniel Marney Elkins

Zone Chair & Charter President of the Bellefonte Lions Club, Delaware

While it is impossible to truly manage the personal politics of an all-volunteer organization that has as many subdivisions as LCI, it is possible to remember one simple thing that will make a difference....

If you are not having fun, you are doing it wrong.

When old business, power struggles, personal conflicts take over and we forget the pure joy of service, that's when our association begins to die.

A wise Indian Lion that I know once told me the secret to Lionism. I have followed his advice every day of my life.

He said, "Service is Celebration."

Find the joy in helping others and realize that in doing so, we are celebrating life itself.

My first DG Glenn Williams taught me another secret.

If your meetings are filled with laughter then your club will prosper and grow.

Being a Lion should be fun. It should be filled with amazing experiences of fellowship and uplifting moments of knowing that we are making the world a better place with our actions.

If your club has forgotten that service is celebration, then the goal is to find ways to rediscover it.

How? Table all club business next meeting and just do something fun together. It doesn't matter what it is, take a survey and find out what people like to do. Bowling, movie night, line dancing, attending a concert, or just sitting around spending time getting to know each other over a meal. Remove the power structure of officers and head tables and sit as equals and celebrate each other's existence. Don't sit at the same table with the same people you always have. Switch it up, break the cliques. Have fun and remember why we became Lions.

It wasn't to sit in meetings. It wasn't to write checks. It wasn't to have a title. It was to become part of a fellowship that helps make a difference through service.

Remember our roots and have a good time while doing it and I guarantee you will see less people leaving Lions.



HEAR US ROAR! Lions Clubs Activities

ZONE 1 (Zone Chair: Amy Thompkins 212 Members)

Chestnut Ridge – No report

Derry – 8 members. Collected 37 pairs of eyeglasses.

Greensburg-East Hempfield – No report.

Latrobe – 29 members. 1 member weeded mini gardens. Member worked on highway cleanup.

Mt Pleasant Twp – 62 members. Held monthly sub sale. Operated a food booth at the Westmoreland Fair. Presents two \$1000 scholarships to MPAHS Seniors. Donated \$100 in gift cards for our food booth at the Fair to the Westmoreland 4H program

New Alexandria – Held Care-A-Van board/planning meeting.

New Florence – 8 members. No meeting due to not enough members present for a forum.

Seton Hill University – No report.

ZONE 2 (Zone Chair: Tony Catullo 212 Members)

Belle Vernon – No report.

East Huntington Twp. – 5 members. Made a \$200. donation to local backpack program for school children. Broom sale.

Monessen – No report.

Rostraver Twp. – 46 members. Presented \$500 college scholarships to 2 Belle Vernon Area students. Continued our Bag for Benches project. PID Cindy and PDG Tom Gregg attended the MD 14 Council of Governors meeting. PID Cindy presented a seminar on GAT and PDG Tom presented a training seminar on MyLion. Three members helped the Rostraver Leos place new mulch at the Rostraver Public Library. Four members played in the Lions Diabetes Center Golf Outing.

Scottdale Centennial – No report.

Sewickley Area – 11 members. PDG and officers attended Passing of the Banner ceremony

West Newton – No report.

Youngwood – 36 members. Donated \$250 to Clelian Heights School, \$100 to Holy Cross Church, \$21 toward a memorial meal. Officers attended Cabinet Meeting and Passing of the Banner.

Yukon – No report.

Lions Clubs Activities cont'd:

ZONE 3 (Zone Chair: Margie Wolff 239 Members)

Allegheny Twp. – 18 members. Held rabies clinic, 99 pets vaccinated. Attended cabinet mtg. and Passing of the Banner. 4 members continue to help with meals-on-wheels throughout the month, 4-5 days a week.

Arnold – 24 members. Revitalizing the Club setting up items to be addressed when we get back in doors. Setting up our events dates and Student of the Month.

Delmont – 45 members. Eye glass collection, broom sales. Car Show had 85 vehicles including vintage cars, trucks, motorcycles & tractors at Shield's Farm along with food vendors, craft vendors, 50/50, basket raffle and DJ entertainment. Approximate profit of \$1400 to be used for future grants. Apple Hill Playhouse - "The Savannah Sipping Society" - appetizers, wine samples, a great play, door prizes, a wine raffle and a 50/50. Approximate profit of \$1100 to be used for future grants. Club Family Picnic at Newhouse Park. Covered dish dinner followed by games, a Steeler Ticket raffle, and board of directors meeting.

Lower Burrell – 26 members. Meetings held once per month during the summer. Held annual club picnic that was enjoyed by all. Will put up flags on Leechburg Road for Labor Day. Planning a Columbus Day raffle with \$400 in cash, scratch off tickets, Powerball tickets and Steeler tickets for a December home game. Continue to sell brooms at the Farmer's Market and collect eye glasses.

Murrysville – 29 members. Assisted in packing 1400 boxes of food for senior citizens at the Westmoreland County Food Bank.

New Kensington – No report.

Slickville – 48 members. The Club participated in Community Days selling ice cream and holding children's games. The Club also held its second Chicken BBQ of the summer.

Vandergrift – No report.

Washington-Bell Twp. – 12 members. Held two Star Parties at Kunkle Park. Donated \$100 to PROJECT SEED. Had our annual picnic to celebrate 17 years as a Lions Club. Continue collecting eyeglasses and selling brooms.

ZONE 4 (Zone Chair: Jeff Jordon 180 Members)

Bushy Run – 41 members. Future: Broom sale September 12-14 @ S&T Bank route 130, Marching in Penn Township Fall Festival Parade September 21, Chicken BBQ September 29.

Irwin – No report.

Jeannette – No report.

Level Green – 33 members. Meals on Wheels, initiated Koeze Nut Sale fundraiser paperwork for fall/holiday sale, conducted necrology service for Lion Bob Ketenheim, applied for spot in Penn Twp. Fall Festival Parade, initiated Flood recovery work for damage to Comm. Bldg. lot sealing and partial rebuilding (subbed out to contractor), began receiving dues payments for new club year. Zone chair attended cabinet meeting.

Manor – No report.

Norwin – 33 members. Secretary and Treasurer attended the Passing of the Banner. Held monthly member's meeting.

Stewartsville – 20 members. Chicken barbeque at Holiday Travel in North Huntingdon. Boy Scouts from Troop 284 from the First Presbyterian Church in Irwin assisted. Club donated \$200 to Girl Scout Troop 20216 from New Hope Presbyterian Church in North Huntingdon. Three of the troop's girl scouts provided a very interesting program describing the recent activities of the troop.

Trafford – No report.

LCI PEACE POSTER CONTEST



PEACE POSTER CONTEST

This year the theme of the Peace Poster Contest is “JOURNEY OF PEACE”. Young people-ages 11, 12, and 13– by November 15, 2019 are eligible to participate in the contest. This allows our young people to express their visions of peace through art in the Lions International Peace Poster Contest. Lions clubs around the world proudly sponsor the contest in local schools and youth groups.

Is your club participating? Have your club order your Peace Poster Contest kits by October 1, 2019. You can contact Lions Clubs International and order the kit by either calling Club Supplies at 1-630-571-5466 or ordering the kit online.

Participants can use a variety of mediums, including charcoal, crayon, pencil and paint, to express their vision of peace. (No computer art is allowed) The works vary greatly and reflect the young artists’ life experiences and culture.

Club entries must be brought to the 2nd District Cabinet meeting November 9, 2019 for judging. Please make sure that you follow the directions for labeling each poster entry. The winner will be sent on for the next level which will be the MD14 (State of PA) contest.

The winning poster will receive a cash award of \$5,000 and a trip to a special award ceremony. There will also be awarded 23 merit winners. They will receive a cash award \$500 and a certificate of achievement.

FORMS AND OTHER IMPORTANT INFORMATION:

“PACE THE PARK” for Hunger

Lions Lunchables

A joint program with the Delmont, New Alexandria, and Slickville Lions Clubs which provides breakfast, lunch, and snacks for children over the weekend from James H. Metzgar Elementary School in New Alexandria.

No child should go hungry. We need your help to raise funds to support the local children in our community. **Please join us to make a difference!**

Walk-ins welcome. First 50 registrants receive a complimentary bag of donations.

5K/Fun Walk

Saturday, September 7, 2019
Keystone State Park, Derry, PA

7:00—8:15am Registration

8:30am Race Start

Time kept by The Gingerbread Man Running Company

Top 3 Overall Male & Female

Top 3 Male & Female Age Categories:

**10 & under, 11-19, 20-29, 30-39, 40-49,
50-59, 60-69, 70+**

Participant Registration

Name: _____

Phone: _____

Address: _____

Email: _____

City/State/ZIP: _____

Amount: _____ Check# _____

\$25.00 pre-registration by August 21 receives a free T-shirt

T-Shirt Size (Circle One): Small Medium Large X-Large

Waiver: In consideration of your accepting this entry, I the undersigned, intending to be legally bound, for myself, my heirs, my executors and administrators, waive and release any and all rights and claims for damages I may have against the Lions Lunchables 5K/Fun Walk Event, and any other sponsors, and their representatives, volunteers, and organizers, successors and assigns for any and all injuries suffered by me in said event. I attest that I will participate in this event as a runner/walker entrant and that I am physically fit and sufficiently trained for the completion of this event.

(Signature) *Parent/Guardian of those under 18 years of age

Checks made payable to: Delmont Lions Club Foundation

Mail to: Lions Lunchables, C/O Amanda Remic, 122 Country Lane, Export, PA 15632

Sign up online: runsignup.com (minimal processing fee)

Contact: lionslunchables@gmail.com

Check us out on Facebook, Lions Lunchables, for more details about event





WESTMORELAND COUNTY LIONS CLUBS

FIND A BOLDER PATH Club Leadership Day

**ALL CLUB OFFICERS ENCOURAGED TO
ATTEND THIS EVENT! A LOT HAS CHANGED!**

**SUNDAY, SEPTEMBER 8, 2019 | 12:30-4:30PM
WESTMORELAND COUNTY COMMUNITY COLLEGE**

- Ice Cream Sundae Bar Social
- MyLion Sweepstakes
- The Growth Framework (40 Guests in 4 Minutes)
- The Fun Factor - Service with a Smile
- Club Officer Round Table Discussions/Breakout Sessions (President/Vice President, Secretary, Treasurer, Membership Chair, Service Chair)
- Service Project

REGISTER ONLINE - FREE - NO COST TO ATTEND

<https://www.eventbrite.com/e/westmoreland-county-lions-clubs-leadership-day-tickets-67946314255>

or email or call PDG Aaron Slezak - tslezak724@gmail.com / 724-757-2561

DISTRICT 14-E MASS INDUCTION

FERRANTE'S LAKEVIEW BANQUET FACILITY

6153 Route 30, Greensburg, PA 15601

WEDNESDAY, NOVEMBER 6, 2019

6:00 p.m. – 7:00 p.m. CASH BAR

7:00 p.m. DINNER

Dinner Choices

- (1) Lakeview Cod topped w/Seasoned Bread Crumbs**
- (2) Baked Stuffed Pork Chop**
- (3) Chicken Piccata**

Served with Tossed Salad, Rolls, Smashed Red Skin Potatoes, & Green Bean Trio

Coffee, Tea, & Iced Tea

Dessert: Strawberry Torte

Make Checks Payable to: Lions District 14-E \$27.00 per person RSVP by 10/25/2019

**Send to: 2VDG Margie Wolff
3109 Treeline Drive
Murrysville, PA 15668**

mgwolff@windstream.net (724) 325-4133

RSVP Form Lions District 14-E Mass Induction, Wednesday, November 6, 2019 RSVP by 10/25/2019

Name _____ Lions Club _____ Menu Choice _____

Name _____ Lions Club _____ Menu Choice _____

Super Bingo

Benefiting Kyle Keller



On Sunday, September 22, 2019

At Tunnelton-Conemaugh Twp VFD

Doors open at 1pm, Bingo starts at 2pm

Tickets are **\$20 each**, seating is limited

Hosted by The Delmont Lions Club and TCTVFD

For additional information please call Sarah, TCTVFD Secretary, at 724/771-8122



THE LATROBE LIONS CLUB WILL HOST A
TALK ON THE LATEST

RESEARCH AND PROGRESS ON MACULAR DEGENERATION

Presented by *Guest Speaker, Mr. Lawton Snyder, Executive Director, Eye and Ear Foundation of Pittsburgh*

**SEPTEMBER 24, 2019 | DOORS
OPEN 5:30 PM, TALK STARTS AT 6
P.M. | LATROBE HISTORICAL
SOCIETY BUILDING, 416 WELDON
ST., LATROBE, PA**

*Parking along Weldon Street - Parking Lot at Corner
of Weldon and Alexandria Streets*

Free to the Public - All are Welcome!



Club Support Meeting



Fellow Lions all are welcome and invited to
come for a recap on My Lion at the
Westmoreland County Blind Association
on September 11th at 7:00pm.

Please bring your computer.

Looking forward to seeing all of you there.





WESTMORELAND COUNTY COMMISSIONERS AND
WESTMORELAND COUNTY AREA AGENCY ON AGING



PRESENT:

2019 HEALTH & EDUCATION EXPO

...accessing information for Caregivers, Seniors, and Persons with Disabilities

October 23, 2019

9 AM – 2 PM

Ramada Hotel

100 Ramada Inn Drive, Rt. 30 East, Greensburg PA
(across from Westmoreland Mall)

LIVE RADIO BROADCAST BY



WATCH FOR MORE DETAILS IN THE
TRIBUNE REVIEW'S UPCOMING
"EXPO" EDITION

PLEASE BRING A NON-PERISHABLE FOOD
ITEM FOR THE WESTMORELAND COUNTY
FOOD BANK

Free Health Screenings:

Hearing & Vision, Blood Pressure, Joint
Assessments, Mental Health Self Screens,
Body Fat Analysis, Bunion Screening,
Balance Screening, Passports, Vaccination
Clinic & more.....Free Admission,
Free Information & Resources,
Light Refreshments, Door Prizes

Educational Presentations throughout the day.

aetna Presents: **CORA**

Cora is the name of AETNA's new mobile health & wellness RV!
Cora wants to help you keep your heart healthy by being active & eating right!
Fun activities like - video games, screenings & a healthy smoothie bar!

Transportation available through GO Westmoreland. To schedule a ride, call 1-800-242-2706

For more information, contact the Area Agency on Aging (724) 830-4444 or 1-800-442-8000



Charter Night



You are cordially invited to the

Delmont Lions Club Charter Night

as they celebrate 75 years of service.

Date: Monday, November 4, 2019

Time: 6:30pm

Place: Lamplighter Restaurant, Delmont, PA

Cost: \$22 per person, buffet dinner

RSVP: by Oct 28, 2019 to Amy Thompkins

(412-551-0327 or amoose309@yahoo.com)

mail to 309 Beechwood Rd, Gbg, PA 15601)

Guest Speaker: Leader Dog

Names attending _____

Number attending _____

Total cost _____

(make checks payable to the Delmont Lions Club)

Buffet dinner includes, Baked Chicken, Ham, Penne Pasta, Parsley Potatoes, Vegetable, Salad Bar, Bread, Butter, Tea, Coffee, Cake.

DISTRICT 14-E Lions Kids Sight

Welch Allyn Model VS100

“SPOT” Vision Screeners

Training: Saturday September 21, 2019

Time: 9:30 AM to 11:00 AM

Westmoreland County Blind Association

Reservation Form

Club: _____

Members

- | | |
|----------|----------|
| 1. _____ | 5. _____ |
| 2. _____ | 6. _____ |
| 3. _____ | 7. _____ |
| 4. _____ | 8. _____ |

If more club members wish to attend run additional copies of this form

Reservation forms must be returned to PDG Sam Snively no later than
September 17, 2019

PDG Sam Snively
 2908 Route 982
 Mt. Pleasant, PA 15666
 Phone: 724-423-3012
 Email: dozer8@zoominternet.net

NOTE:

Participants should bring a copy, not the original, of their Pennsylvania Child Abuse Clearances with them to the training. That copy of their clearances will be kept on file by PDG Tom Gregg, Lions Kids Sight Chairperson. Anyone doing children eye screening must have these clearances.

MULTIPHASIC BLOOD TESTING



Sponsored by: BELLE VERNON LIONS CLUB

Date: SATURDAY, SEPTEMBER 21, 2019

Time: 7:00 AM—10:00AM

Location: NORTH BELLE VERNON FIRE HALL
535 GRAHAM STREET, BELLE VERNON, PA

BLOOD TESTING



1. Multiphasic /Wellness Blood Test \$45.00

This Profile includes a Chemistry, and Lipid Profile plus a Complete Blood Count!!

2. TEST RESULTS \$5.00

Your results sent directly to you

3. URINE TEST \$10.00

Detects blood, infection, or sugar

4. IRON PANEL \$20.00

Includes TIBC. Diagnosis of iron deficiency or Anemia

5. MAGNESIUM \$10.00

Symptoms such as muscle weakness, cramping

6. THYROID PROFILE \$45.00

Unexplained weight loss or gain, loss of hair

7. PSA TEST \$30.00

Prostate cancer screening

8. C-REACTIVE PROTEIN \$25.00

assists in detection of inflammation

9. VITAMIN B12 & FOLATE 40.00

Extreme fatigue, anemia, memory loss

10. VITAMIN D 25 OH \$40.00

Helps diagnose a Vit D deficiency

11. HOMOCYSTEINE \$40.00

A high level can show risk of heart disease

12. HGB A1C \$25.00

Diabetic test. 3 month Average of sugar levels

13. TESTOSTERONE \$25.00

As men age, gradual decline can occur

14. HEPATITIS C \$50.00

infection caused by a virus that attacks liver

15. LYMES BLOOD TEST \$50.00

YOU MUST HAVE A PRESCRIPTION FROM YOUR DOCTOR FOR THIS TEST!!
NO EXCEPTIONS

...and blood testing is the key component for preventing degenerative diseases by providing a comprehensive snapshot of your current state of health. Blood testing can help you answer the question "Am I healthy?" and help you take the steps you need to maintain your health effectively.

FOR BEST RESULTS A 10 HOUR FAST FROM FOOD IS REQUIRED

NO ALCOHOL FOR 24 HOURS PRIOR TO TESTING

SUPER SPECIALS!!!

16. SUPER SPECIAL FOR MEN \$140.00

Includes tests 1, 7, 8, 11, 13 & 14 (a copy sent directly to you) Separately \$170.00 !!

17. SUPER SPECIAL FOR WOMEN \$140.00

Includes tests 1, 4, 8, 11, & 12 (a copy sent directly to you) Separately \$160.00 !!

18. EVERYTHING SPECIAL \$250.00 **BEST PRICE**

Includes every test except 14, & 15 for men and 7, 11, 14, & 15 for women

19. DIABETES PANEL \$100.00

Includes tests 1, 3, 12, a Urine Microalbumin and 7 (a copy sent to you)

20. FATIGUE PANEL \$170.00

Includes tests 1, 4, 6, 9, 10 & 12 (a copy sent directly to you) Separately \$190.00 !!

**MOST HEALTH INSURANCE ACCEPTED WITH A PRESCRIPTION FROM YOUR DOCTOR ONLY!! WE DO NOT ACCEPT UPMC INSURANCE!!!

**Norwin Lions Club
4th Annual
Mini Golf Tournament
Rain or Shine!**



KERBER'S DAIRY

Saturday, September 14th, 2019

9am to 2pm

\$20 Adults - \$15 Children under 12

Ticket Includes:

**Continental Breakfast and Lunch catered
by local businesses and restaurants
& an Event T-Shirt**

Prize Drawings and Awards at 1 pm

Tickets can be purchased at:

**Synergy Salon and Day Spa
720 Robbins Station Rd.,
North Huntingdon, PA 15642**

or

**The Offices of Myers Duffy Dansak & Clegg
226 Main Street Suite 1
Irwin, PA 15642**

***All Proceeds will assist the Norwin Lions Club
in Supporting Local Charitable Initiatives***

Multiple District 14 Lions

Join Us For a Day of
Fellowship and Learning!



Let Us Know You Are
Coming!

2019 Multiple District 14 Fall Leadership Symposium

The Lions of PA are cordially invited to attend
the Multiple District Fall Leadership Symposium

When: Saturday October 12, 2019 from 9 am –3 pm
or

Sunday October 13, 2019 from 12–5 pm

Where:

PA Lions State Office—Saturday

949 East Park Drive, Harrisburg, PA 17111

Westmoreland County Blind Association—Sunday

911 S. Main St., Greensburg, PA 15601

*Saturday Lunch will be provided. A \$6.00 donation
will be collected. Snacks provided on Sunday.*

Topics for Lions at all levels of Lionism

- ◆ Orientation: Not Just for New Lions
- ◆ Are You a Leader?
- ◆ Cultivating Clubs (bring your laptop)
- ◆ MyLion : Bring Your Questions for Answers!
- ◆ Don't Moan about the Zone!

To Register Email

kburkholder@dejazzd.com

with the number attending so we can plan for lunch. Seating in Harrisburg is limited so register early!

Questions???

Email to the above
address or call

PDG Deb Burkholder

717-484-4892

All Lions are Encouraged to Attend!

- Club Members
- Club Presidents, Secretaries, Treasurers
- District Cabinet members
- District GLT, GMT, GST Coordinators
- Past District Governors
- Zone Chairs, Region Chairs
- District Governors, VDGs





2019-2020

Journey of Peace

Westmoreland County Lions Clubs invite visually-impaired students to compete in our annual Lions Clubs International Essay Contest!

The contest is open to students who are considered visually impaired according to their national guidelines, and will be 11, 12 or 13 years of age on November 15, 2019. Eligible birthdates are November 16, 2005 through November 15, 2008. One grand prize winner will receive an award and US\$5,000.

The contest theme is "Journey of Peace."

- Only a Lions club can sponsor the contest. The contest may be sponsored in a local school or organized, sponsored youth group, or individuals may be sponsored as well. Submit the entry below and Lions will find a club sponsor close to your home.
- Essays must be no longer than 500 words, submitted in English, typewritten in black ink and double spaced.
- Each essay must be submitted with a completed entry form. Essays submitted without completed entry forms will be disqualified.
- Only one entry per student per year, and each entry must be the work of only one student.
- Essay entries cannot have already been published.
- Any essays found to be plagiarized will be disqualified, and the student will be prohibited from entering any future Lions competitions.

DEADLINE

November 1, 2019 – Postmark or email timestamp for all entries from Westmoreland County.

Submit entries (only section 1 of entry form needs to be completed) no later than November 1, 2019 to:

David DeFazio
Lions Club Peace Essay Contest
47 Barri Drive
Irwin, PA 15642

Or email: ddefazio47@comcast.net (put Lions Peace Essay in Subject)

Participants accept all responsibility for late, lost, misdirected or illegible entries. Entries sent with insufficient postage will be disqualified. Lions Clubs International is not responsible for entries damaged, destroyed or lost during the judging process. Entries cannot be acknowledged or returned. They become property of Lions Clubs International upon receipt. Essays (partial or in their entirety) cannot be used without written permission from Lions Clubs International.

In consideration for the opportunity to enter the Essay Contest, participants agree to allow Lions Clubs International to use their names and photographs for promotional and publicity purposes. An international grand prize winner is not eligible to receive subsequent prizes in future Lions International Essay Contests sponsored by Lions Clubs International. By entering, participants agree to be bound by these rules and the decisions of the judges and Lions Clubs International.

Lions Clubs International may cancel the contest without notice at any time. The contest is void where prohibited, taxed or restricted by law.

57th Annual

**Lions Community Building
Claridge, PA**

*The
Original*

**CHICKEN
BARBECUE**

**Hosted by The
Bushy Run Lions Club**

Sunday Sept 29th

11:00 to 5:00 P.M.

\$10 Each Serving - Take Home

DISTRICT 14-E LIONS
COMMUNITY SERVICE VOLUNTEER FORM

Club Name _____

Contact Person _____

Lion's Name _____

Address _____

Home Phone _____ Cell Phone _____

Email _____

Lions have had a long history of serving their community in times of need. District 14-E is proud to continue that long standing tradition by putting together a team of Lions willing to share their skills to help our neighbors during difficult times. Whether it is helping to clean up and rebuild after a natural disaster(Flooding , Tornado's etc.) or just helping a person in need , we want to be ready to lend a hand. Please fill out this form if you would be willing to help us with a project or two. You do not have to have a specialized skill, to be part of this program but if you do have experience in any of these areas or access to equipment please let us know.

I am interested in volunteering. I have experience in the following:

Plumbing

Electrical

Carpentry

Masonry

Painting

Drywall

Landscaping

General Volunteer

Roofing

Truck Driver (or can operate other equipment)

Access to construction equipment(please list on back of this form)

Please return this form to your club contact person.

Thank you for your willingness to serve

Lion Cedric Stopansky (contact me at 724-831-8107)

THE PENNSYLVANIA LIONS
SIGHT CONSERVATION AND EYE RESEARCH FOUNDATION

2019 ANNUAL RESEARCH SEMINAR
September 28, 2019

Hosted by
Salus University Pennsylvania College of Optometry
8360 Old York Road
Elkins Park, PA 19027

NAME	
ADDRESS	
CITY, STATE, ZIP	
PHONE	
FAX	
EMAIL	

Number attending:	
Name of guest(s):	

I (we) will attend this event on Saturday, September 28, 2019 at the Elkins Park Campus of Salus University:

- 8:15 AM – 9:00 AM: Continental breakfast
- 9:00 AM –12:00 AM: Research Seminar
- 12:30 AM: Luncheon

For driving directions: <http://www.salus.edu/Admissions/Visit-Campus/Area-Hotels.aspx>
For hotel/motels: <http://www.salus.edu/Admissions/Visit-Campus/Travel-Directions.aspx>

Please complete and return to:

Ms. Lydia Parke
Salus University
8360 Old York Road
Elkins Park, PA 19027
Phone: 215-780-1417
Fax: 215-780-1325
lparke@salus.edu



**BEACON
LODGE WISH-
LIST 2019**

ACTIVITIES:

Crafts:

- Acrylic paint/Finger Paint
- Beads: pony, craft Felt
- Glitter
- Hot Glue Sticks (small)
- Poster board: all sizes
- School glue Styrofoam shapes Bingo Prizes
- Board games for children Coloring
- Books large print Face Paint
- Arrows: no broadheads
- Markers
- Tie Dye
- Med, Lrg, XL, 2XL White T-Shirts
- Dress-up Costumes Christmas Decorations Easter Decorations
- Adult Sleeping Bags **KITCHEN:**
- Plastic Cold Cups: 5 oz & 9 oz Hot Wax Cups: 9 oz & 10 oz Chinet
- Paper Plates: 9" or larger
- Napkins: dinner, picnic Original Dawn Dish Liquid Foil Wrap: 18" x 500 ft Plastic Food Wrap: 18" x 2000 ft Parchment Paper: rolls or sheets Food Storage Zip-lock bag: Gallon Freezer Zip-lock Bags: Gallon

HOUSEKEEPING:

- Thick Paper Towels Clorox
- Comet - Liquid
- Comet - Powdered
- Disinfecting Bathroom Spray Cleaner
- Disinfecting Floor Cleaners
- Disinfecting Wipes
- Liquid Hand Soap
- Bar Soap
- Laundry Detergents
- Mr. Clean Magic Erasers
- Windex
- White Vinegar
- 13-17 gal. Trash Cans
- 30-33 gal. Square Trash Cans w/lids
- 13-16 gal Trash Bags
- 33 gal Trash Bags
- 55-56 gal Trash Bags
- Toilet Plungers-heavy duty
- Toilet Brushes
- Small Square "No Slip" Shower Mats
- Zipper Vinyl Pillow Covers (standard size)
- Zipper Vinyl Mattress Covers (twin size)
- Long Twin Size Blankets - No Wool
- Long Extendible Dusters
- Industrial Wet Mop Heads
- Vinyl Disposable Gloves - Med. Lrg. XLG
- Extendible Car Brush
- Bagless Vacuum
- Large Totes with lids
- Kleenex
- MAINTENANCE:**
- Duracell/Energizer Batteries: AA, AAA, 9V
- Bee/Wasp Killer
- Long Neck Lightners
- Paint Brushes
- Nitrile Gloves
- Garden Hose Nozels

INFIRMARY

- Baby Wipes
- Sunscreen - Cream and Spray
- Bug Spray Bactine Spray
- Lanacane Spray Benadryl Spray
- Liquid Benadryl for children
- Calamine Lotion Hydrocortisone
- Cream Tylenol: adult & children
- Ibuprofen: adult & children
- Imodium Pepto-Bismol Saline
- Eye Drops Cold Relief
- Medications Cough Drops
- Sanitary Napkins: no depends
- Blood Pressure Cuff & Pulse Oximeter Exam Gloves: all sizes, latex free Sharps Containers
- Single Use Lancets
- Graduated Liquid Medicine Dispenser Cups First Aid Kits

OFFICE SUPPLIES:

- Color Copier Paper White
- Copier paper Envelopes: #10, 6x9, 9x12 3 prong
- Pocket Folders Sharpies - all sizes Jumbo Paper Clips

DONATION INFORMATION:

District _____ Club

Name _____

Address _____

Phone _____

Email _____



Leader Dog and Lions: Celebrating our 80 Year Partnership



In 1938, Lions Charles A. Nutting, Donald P. Schurr and S.A. Dodge (pictured above) established a guide dog school for people who are blind.

On October 8, 1939, the first class of the official Lions Leader Dog Foundation graduated. The cost to graduate a client/dog team was \$600.

Leader Dog's global ties to the Lions strengthened in 1953 when S.A. Dodge served as president of Lions International, bringing Leader Dog to the Lions at the highest level. Melvin Jones gave Leader Dog his personal endorsement in 1958.

In April 2013, LION Magazine listed Leader Dog as one of the "10 Brilliant Breakthroughs in Service."

Lions throughout the world continue to support Leader Dog financially, refer people who need assistance and serve on the Board of Trustees. Lions are puppy raisers, volunteers, breeding hosts and more. Many Leader Dog recipients become Lions after experiencing Lions support and mission firsthand.

Today, the Lions' mission, "We serve," perfectly complements the Leader Dog mission of empowering people who are blind or visually impaired with lifelong skills for safe and independent daily travel.

A Leader Dog partner since 1939.

Letters to Leader Dog



Hello! I just finished training at the Leader Dog campus and I am so grateful for your organization.

I came to Leader Dog a broken person—I left an independent person again!

You have some of the best instructors, staff, puppy raisers and veterinarians I have ever encountered. I owe you... not just for the courage to go again without my sight, but for giving my life back to me with this beautiful dog, Bailey.

I will recommend you to all in need of Orientation & Mobility Training or a guide dog. I have no complaints. It was an eye-opening and beautiful experience.

Who knows what me and Bailey will get into but I do know the adventures ahead will be awesome!

Thank you,
Jonelle B.
MD-27, Wisconsin

Read more letters and view client success videos at LeaderDog.org



IN EVERY LEADER DOG
LIES THE HEART OF A LION.

FOLLOW THE LEADER   

September

2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 LABOR DAY	3	4	5 Bushy Run Lions/Irwin Lions DG Visit	6 Yukon Lions Trash to Treasure Sale (and 7 th)	7 Lions Lunchables 5K Run//Fun Walk
8 Officer Training/GLT Event	9	10 New Florence Lions DG Visit	11 Club Support Session-MyLion Training	12	13	14 Norwin Lions Mini Golf Tournament
15	16 Arnold Lions DG Visit	17 Allegheny Township Lions DG Visit	18 Stewartsville Lions DG Visit	19 USA/Canada Forum – Spokane, Washington	20 USA/Canada Forum – Spokane, Washington	21 SPOT Vision Scmr Training *Multiphasic Bld Test. Bell Vernon
22	23	24 Youngwood Lions DG Visit *Macular Degen. Talk Ltrb	25	26 Rostraver Twp Lions DG Visit	27 NEWSLETTER ITEMS DUE	28
29 Bushy Run Lions Chicken BBQ Stewartsville Lions Chicken BBQ	30					

- 21st Multiphasic Blood Testing – Bell Vernon Lions
- 24th Macular Degeneration talk – Latrobe Lions

October

2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 New Kensington Lions DG Visit	2	3	4	5
6	7	8	9	10	11	12
13 GAT Fall Symposium - WCBA	14 Level Green Lions DG Visit	15 Guiding Lion Training	16 Norwin Lions DG Visit	17	18	19
20	21 Delmont Lions DG Visit	22 Murrysville DG Visit	23	24	25	26
27 NEWSLETTER ITEMS DUE	28	29	30	31 HAPPY HALLOWEEN!		

KEY CONTACT INFORMATION:

DISTRICT 14-E CABINET – 2019-2020

District Governor	David DeFazio	Bushy Run	ddefazio47@comcast.net	724-454-0912
1 st Vice District Governor	Chuck Thompkins	Delmont	amoose309@yahoo.com	724-989-8250
2 nd Vice District Governor	Margie Wolff	Murrysville	mgwolff@windstream.net	724-325-4133
District Secretary	Kara Nice	New Alexandria	kpurvis77@yahoo.com	724-689-5560
District Treasurer	Amy Thompkins	Delmont	amoose309@yahoo.com	412-551-0327

District Global Action Team (GAT) Coordinators

Leadership	PDG Aaron Slezak	New Alexandria	tslezak724@gmail.com	724-757-2561
Membership	PDG Dave Stitely	Stewartsville	lbrgrader@comcast.net	724-864-4505
Service	PDG Lance Remic	Slickville	lremic@hotmail.com	724-309-6750

Zone Chairpersons

Zone 1	Amy Thompkins	Delmont	amoose309@yahoo.com	412-551-0327
Zone 2	Tony Catullo	Rostraver Twp	tcatullo@hotmail.com	412-980-0941
Zone 3	Margie Wolff	Murrysville	mgwolff@windstream.net	724-325-4133
Zone 4	Jeff Jordan	Level Green	jeffreybob@aol.com	412-418-3646

Communications

Communication/Publicity	John Russo	Norwin	apdjr@aol.com	724-864-3844
Website	Jeff Jordan	Level Green	jeffreybob@aol.com	412-418-3646
Newsletter	Lisa Gismondi	Bushy Run	lisgis67@msn.com	724-454-3653
Social Media	Amanda/Lance Remic	Slickville	akbrant@atlanticbb.net / lremic@hotmail.com	724-984-7644 724-468-4626

IMPORTANT WEB ADDRESSES

District 14-E Lions.....www.lions14E.org
Leader Dogs for the Blind.....www.leaderdog.org
Lions Clubs International.....www.lionsclubs.org
PA Lions Beacon Lodge Camp.....www.beaconlodge.com
PA State Council of Lions Clubs.....www.palions.org
Lions of PA Foundation.....www.lionsofpafoundation.org
Western PA Lions Hearing Foundation.....www.wpalhf.org

Like us on Facebook: District 14-E Lions



**BE A
LITTLE
BOLDER**

David DeFazio, District Governor, District 14-E
Pennsylvania, USA 2019-2020
ddefazio47@comcast.net
(724) 454-0912 cell/text